

PROGRAM INFORMATION

Program Name and Degree Awarded: “Psychology” (Bachelor of Arts, BA)

Duration of Studies: Four years (Also when necessary there is 1-year English Preparatory school for the students who couldn't be exempted via English Language Proficiency Test or could not provide any equivalent exam result.)

Total Credits / ECTS: Psychology program consists of 127 credits equivalent to 240 ECTS.

Language of Instruction: English

Mission and Vision:

The Psychology Department's mission is given below

Raising graduates who;

- has awareness and responsibility about professional ethics,
- could be able to embrace the basic values of Psychology
- could be able to conduct research in the Psychology field,
- could be able to think analytically,
- could be able to analyse and state via critical and creative basis
- could be able to use knowledge for the benefit of the society;
- could be able to be sensitive to individual and social differences, who does not discriminate based on race, language, religion or gender.
- has conscious of responsibility and ethical aspects of the Psychology field
- would be ready to put lifelong effort for to conduct self-actualization towards the mentioned targets

Program Objectives:

- Having knowledge of the basic concepts, theories and history of psychology; has a sense of professional ethics and responsibility. Adopts the basic values of psychology.
- Be able to create a scientific research in the field of psychology, apply basic research methods and collect data, analyze, interpret and report the data.
- Knows the relationship between psychology and other disciplines and can work interdisciplinary.
- They can examine and express their knowledge and skills of psychology on an analytical, critical and creative basis and use them for the benefit of society.
- Has insight into his own and others' emotions, behaviors and cognitive processes.
- Sensitive to social and individual differences, has a sense of responsibility and social ethics, and is open to lifelong self-realization in this direction.
- Has effective communication skills, can express his thoughts clearly and properly.

Program Learning Outcomes:

Upon graduation psychology students will:

1. Have to know philosophical and historical development of psychology area, including basic concepts, various theory and practice schools, and to have basic knowledge regarding basic theories and application areas for various sub fields

of psychology as clinical, experimental, social, developmental, industrial, health, traffic, and educational psychology.

2. Have to know related regulations and/or professional and ethical values regarding domains of psychology. To use theoretical and applied knowledge in accordance with the principles of professional and research ethics of psychology; committed to ethic responsibility and principles of the psychology profession.

3. Notice the contributions of the basic approaches and perspectives of psychology to the other disciplines and interdisciplinary perspectives.

4. Generate research questions; problem solving via scientific methods and evaluate data by using knowledge of psychology domain.

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5. Acquire knowledge and skill to apply theoretical knowledge into practice in various fields of psychology.

6. Acquire skills regarding data collection, analysis via appropriate statistics, and interpretation of handled results.

7. Acquire skills regarding reporting research results according to scientific writing format.

8. Acquire basic skills regarding prediction, description, formulation and solution of cognitive, emotional and behavioural processes related problems of individuals.

9. Have basic level of knowledge/skills regarding observation and interviewing technics.

10. Have basic level of knowledge/skills regarding psychological assessment and measurement tools.

11. To be able to develop and study research tools as scale, test or inventories and be able to use them at research studies.

12. Have proficiency regarding information and communication technologies to access to the knowledge and to spread knowledge.

13. Use acquired knowledge, skills and proficiencies to prepare, and administer field studies and to analyse, have results and to apply these results into practice.

14. To possess the understanding that the differences regarding age, sex, race, ethnic group, national identity, religion, sexual orientation, disability, and socioeconomic status shouldn't cause to prejudice.

15. Have knowledge regarding environmental, economic and social sustainability and awareness and ability to interpret the projections of the sustainability to various areas

PSYCHOLOGY-FEN EDEBİYAT

1-3-5-7 DÖNEM					2-4-6-8 DÖNEM				
DERS KODU	DERS ADI	KREDİ	ECTS	DERS TÜRÜ	DERS KODU	DERS ADI	KREDİ	ECTS	DERS TÜRÜ
COMN109	MATHEMATICS	(3-0-0)3	5	ZORUNLU	COMN204	ETHICS IN PROFESSION	(3-0-0)3	5	ZORUNLU
COMN113	BIOLOGY	(3-0-0)3	5	ZORUNLU	UFLE02	FOREIGN LANGUAGE ELECTIVE II (ENGLISH)	(3-0-0)3	3	SEÇMELİ
UFLE01	FOREIGN LANGUAGE ELECTIVE I (ENGLISH)	(3-0-0)3	3	SEÇMELİ	PSYC154	CURRENT APPROACHES IN PSYCHOLOGY	(3-0-0)3	7	ZORUNLU
PSYC151	PSYCHOLOGY I	(3-0-0)3	7	ZORUNLU	COMN115	SOCIOLOGY	(3-0-0)3	5	ZORUNLU
COMN117	INTRODUCTION TO SOCIAL SCIENCES	(3-0-0)3	5	ZORUNLU	PSYC104	PHYSIOLOGICAL PSYCHOLOGY	(3-0-0)3	6	ZORUNLU
UTECE01	UNİVERSİTY ELECTİVE I	(3-0-0)3	5	SEÇMELİ	UFRC01	UNİVERSİTY ELECTİVE I	(3-0-0)3	4	SEÇMELİ
UHTC02	TURKISH	(2-0-0)2	2	SEÇMELİ	UHTC01	HISTORY	(2-0-0)2	2	SEÇMELİ
PSYC201	SOCIAL PSYCHOLOGY I	(3-0-0)3	6	ZORUNLU	UFRC02	UNİVERSİTY ELECTİVE II	(3-0-0)3	4	SEÇMELİ
PSYC203	DEVELOPMENTAL PSYCHOLOGY I	(3-0-0)3	6	ZORUNLU	PSYC202	SOCIAL PSYCHOLOGY II	(3-0-0)3	6	ZORUNLU
PSYC235	STATISTICAL METHODS	(3-0-0)3	5	ZORUNLU	PSYC204	DEVELOPMENTAL PSYCHOLOGY II	(3-0-0)3	6	ZORUNLU
PSYC251	RESEARCH METHODS IN PSYCHOLOGY	(3-0-0)3	6	ZORUNLU	PSYC208	LEARNING PSYCHOLOGY	(3-0-0)3	7	ZORUNLU
PSEL01	TECHNICAL ELECTIVE I	(3-0-0)3	5	SEÇMELİ	PSEL02	TECHNICAL ELECTIVE II	(3-0-0)3	5	SEÇMELİ
UFRC03	UNİVERSİTY ELECTİVE III	(3-0-0)3	4	SEÇMELİ	PSYC302	INTRODUCTION TO CLINICAL PSYCHOLOGY II	(3-0-0)3	6	ZORUNLU
PSYC301	INTRODUCTION TO CLINICAL PSYCHOLOGY I	(3-0-0)3	7	ZORUNLU	PSYC304	PSYCHOLOGICAL TEST AND MEASUREMENT II	(3-0-0)3	7	ZORUNLU
PSYC303	PSYCHOLOGICAL TEST AND MEASUREMENT I	(3-0-0)3	7	ZORUNLU	PSYC306	PERSONALITY THEORIES II	(3-0-0)3	6	ZORUNLU
PSYC305	PERSONALITY THEORIES I	(3-0-0)3	6	ZORUNLU	PSYC308	CLINICAL OBSERVATION AND INTERVENTION	(3-0-0)3	6	ZORUNLU
PSYC307	HEALTH PSYCHOLOGY	(3-0-0)3	6	ZORUNLU	PSEL03	TECHNICAL ELECTIVE III	(3-0-0)3	5	SEÇMELİ
PSYC401	GROUP PSYCHOTHERAPIES I	(3-0-0)3	7	ZORUNLU	UFRC04	UNİVERSİTY ELECTİVE IV	(3-0-0)3	4	SEÇMELİ

PSYC403	PSYCHOTHERAPY THEORIES I	(3-0-0)3	6	ZORUNLU	PSYC402	GROUP PSYCHOTHERAPIES II	(3-0-0)3	6	ZORUNLU
PSYC400	SUMMER TRAINING	(0-1-0)0	1	ZORUNLU	PSYC404	PSYCHOTHERAPY THEORIES II	(3-0-0)3	6	ZORUNLU
PSYC405	PSYCHOPATHOLOGY I	(3-0-0)3	6	ZORUNLU	PSYC406	PSYCHOPATHOLOGY II	(3-0-0)3	5	ZORUNLU
PSEL04	TECHNICAL ELECTIVE IV	(3-0-0)3	5	SEÇMELİ	PSYC408	GRADUATION PROJECT	(1-5-0)3	4	ZORUNLU
PSEL05	TECHNICAL ELECTIVE V	(3-0-0)3	5	SEÇMELİ	PSYC410	ETHICS IN PSYCHOLOGY	(3-0-0)3	5	ZORUNLU

Laboratory and Equipment Capacity (if applicable):

Laboratory capacities are sufficient. There is Psychology “Application Laboratory” which is equipped with test materials, beside another “Observation-Application Laboratory” with two way mirror. In addition, there are computer labs, which are equipped with PCs.

Career Opportunities:

The possible career fields for Psychology program graduates can be as follows: -Positions in mental health hospitals (Private and public)

-Rehabilitation centers for different disabilities (Private and public)

- Schools (Elementary, Middle and High Schools)

-Counseling Centers in Universities

- Forensic Settings

- Sports Psychology (Sports teams)

-Occupational and work related setting (Human Resources etc.)

- Health Psychology (Working with chronic illnesses)

-Private clinics as counselors and also psychometricians.

- NGOs especially specialized with psychological traumas that are related with psychosocial stressors like war, earth-quakes and refugees etc.

- Graduates can also work as research assistants in Universities.

Contact Information

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PSYCHOLOGY - COURSE CATALOGUE DESCRIPTIONS

1st Semester

PSYC151 Psychology I

Aim of this course is give the foundation of ‘what is psychology’ and ‘what are the main issues and topics’ in psychology to the students. With this aim students will cover schools in psychology, biological basis of behavior, sensation and perception, states of consciousness, learning, memory, cognition, life span development and personality development.

COMN113 Biology

Aim of this course is give information about the physiological processes the effects human behavior. In this course students will cover topics like, structure of a neuron, information transmission through neurons, neurotransmitters, endocrinal system, central nervous system, peripheral nervous system, researches about the brain, primary areas of the brain, hormones, sensations, emotions.

COMN109 Mathematics

Repetition of basic algebra, fractions and partial fractions. The basic algebra and linear equations, arithmetic expression and simplification of algebraic expressions. Operations with surds and indices. Methods for solving logarithmic functions. The techniques for solving quadratic functions. Graph sketching for quadratic equations in Cartesian plane. Solving linear, polynomial and rational inequalities. The parallel and perpendicular lines.

UFLE01 FOREIGN LANGUAGE ELECTIVE I (English)

This course is intended for academically oriented students and it aims to bridge the gap between general and academic English. For this goal, the course will develop skills required for academic study, including note-taking, essay writing, and giving effective presentations, as well as teaching strategies for undertaking research and dealing with unfamiliar academic vocabulary. In addition, the course aims at teaching the features of guided writing, reading strategies such as predicting, skimming, and scanning.

COMN117 Introduction to Social Sciences

The main purpose of this course is to let students see how seemingly diverse disciplines intermingle — anthropology and economics, for example. In the end, students will be able to approach social issues with unbiased problem-solving skills.

UTEC01 UNIVERSITY ELECTIVE I (COMPUTER LITERACY)

In this course the basic computer information will be given. Excel, word programs and using of internet will be demonstrated. The aim of this course is give the student the basic information about computer usage in academic life.

2nd Semester

UFLE02 FOREIGN LANGUAGE ELECTIVE II (English)

This course is intended for academically oriented students and it aims to bridge the gap between general and academic English. For this goal, the course will develop skills required for academic study, essay writing, and giving effective presentations, as well as teaching strategies for undertaking research and dealing with unfamiliar academic vocabulary.

COM115 Sociology

Sociology as a science, interested in societal behaviour, relationships in society, development of sociological thinking, research methods in sociology, socialization, society and social interaction, social groups and organizations, social deviations and crime, social stratification. In this course these main topics will be covered.

COM204 Ethics in Profession

The aim of this course is to define ethical principles, to enable students to develop ethical behaviors related to their profession, and to provide information about unethical behaviors that students may encounter in their professions. Within the context of the course, students will demonstrate understanding of the ethical principles in general or in application of specialized knowledge, results of research, creative expression, design processes, etc. that are related with their sciences, disciplines and potential professionals.

PSY 104 Physiological Psychology

This course is a follow up of Physiological Psychology I. Social brain, language and communication, memory, thought, consciousness, personal brain, development and disorders of aging will be covered.

PSY154 Current Approaches in Psychology

This course is a follow up of Introduction to Psychology I. Personality development, thought and language, social impact, personality and measurement, clinical psychology, psychotherapy techniques, coping with stress, information processing are the main themes in this course.

UFRC01 UNIVERSITY ELECTIVE I (HUMAN RIGHTS)

3rd Semester

PSYC 201 Social Psychology I

The definition of social psychology, relationships with other branches short historical development, research methods that are used in social psychology, attitudes, attitude changes, social influence, aggressiveness, interpersonal attractiveness are the main topics that will be covered. In the course the aim is going to be to make the students have the critical thinking about thought, emotion, attitudes toward himself and others, prejudices, and also cultural influences that every body has.

PSYC 203 Developmental Psychology I

In this course from the prenatal development through adolescent period the main topics will be covered including physical, cognitive, social and emotional development.

PSYC251 Research Methods in Psychology

In this course students will cover the research methods that are used in Psychology. The aim of this course will be get the ability to plan, evaluate, report making of field studies and can establish an experimental design in researches.

PSYC235 Statistical Methods

In this course the basic statistical terms and methods will be shown to students. The aim of this course is to give the skill of the Psychology student to know the basic statistical terms.

UHTC02 Turkish

Introduction to the grammar and structure of Turkish language, the changes and developments oral and written presentations. Reading and analyzing essays in Turkish literature. This course is designed specifically for Turkish-speaking students. International students take a different version of this course.

PSEL01 TECHNICAL ELECTIVE I (PSYC207 HISTORY OF PSYCHOLOGY)

In this course the history of development of Psychology as a science and becoming a positive science apart from philosophy will be discussed.

4th Semester

PSYC202 Social Psychology II

In this course, especially special issues about self, personality, beliefs and values, behaviours and attitudes will be discussed in a social psychological perspective. Conformity, social influence, social power, social groups, love, hostility and aggression, prosocial behaviors will be discussed with related literature.

PSYC204 Developmental Psychology II

This course is a follow up of Developmental Psychology I. Attachment styles, sexual and moral development and also development through adulthood to old age will be covered.

PSYC208 Learning Psychology

This course is concerned with how the mind works. Cognitive topics include memory, imagery, language, intelligence and comparative psychology. The course also focuses on learning including the experimental analysis of behavior as derived from principles of associative learning.

PSEL02 TECHNICAL ELECTIVE II (PSYC212 Statistics Applications with Computer)

In this course the basic statistical methods that are used in Psychology discipline will be thought in SPSS. Also in this course students will gain the skills to read and write the statistical results in academic language.

UHTC01 History

The course provides a detailed exposure on the history of the construction of the Turkish Republic under the light of Kemal Atatürk's principles this course is designed for Turkish speaking students. HIST 200 is designed for non-Turkish speaking foreign students. The aim of the course is to

introduce a brief history of Turkish Republic and Cyprus. Social, economic and political aspects and effects of Western Civilization on Turkey and Cyprus. Relations with Middle East.

UFRC02 UNIVERSITY ELECTIVE II

5th Semester

PSYC301 Introduction to Clinical Psychology I

The purpose of this course is to familiarize students with the field of clinical psychology. The course will introduce students to concepts, theories, methods, skills and professional issues that are pertinent to clinical psychology. Topics covered will include: definitions and activities of the clinical psychologist, diagnosis, assessment, intervention and some specialty areas of clinical psychology.

PSYC303 Psychological Tests and Measurement I

Measurement theory and the basic principles of testing. Selection, construction, and critical evaluation of group tests of intelligence, personality, aptitude, interest, and achievement. This class is designed to provide an introduction to concepts, theories, and methods regarding psychological testing and measurement. We will focus on areas such as psychometric principles (e.g., validity and reliability), test and item analysis, test construction, and applications of psychological testing in a wide variety of settings.

PSYC305 Personality Theories I

This course is intended to introduce students to the diverse ways of conceptualizing, assessing, studying, and treating personality. Personality psychology is a scientific study of the whole person. In lecture and readings, we will consider psychodynamic approaches to understanding human personality.

PSYC307 Health Psychology

This course provides a general introduction to the psychology of health. Topics covered include research methods in health psychology, health behavior, stress, coping, social support, patient-practitioner relations, pain and pain behavior, and the role of psychological and social factors in the etiology and course of chronic and terminal illness.

UFRC03 UNIVERSITY ELECTIVE III

6th Semester

PSYC302 Introduction to Clinical Psychology II

This course is the follow up of Introduction to Clinical Psychology I. In this course the diagnosis of DSM will be introduced.

PSYC304 Psychological Tests and Measurement II

This course is the follow up of Psychological Tests and Measurement I. In addition to discussion of theoretical concepts, students will learn the history of psychological testing, learn how theories, principles and concepts are used in psychometric assessment and are applied in educational, clinical and employment settings, compute and interpret basic psychometric statistics, and create, pilot, analyze, and provide both a written report (in APA-style) and an oral presentation of the test development project.

PSYC306 Personality Theories II

This course is the follow up of personality Theories I. Personality theories will be covered in depth. Also the applications of personality theories to clinical use will be discussed.

PSYC308 Clinical Observation and Intervention

The development of basic counseling techniques with an introduction to counseling theory, philosophy and principles as applied to skill development. This course develops advanced counseling techniques. Skills for diagnosis, case conceptualization, treatment planning, intervention and evaluation of treatment will be targeted.

PSEL03 TECHNICAL ELECTIVE III

7th Semester

PSYC401 Group Psychotherapies I

The primary purpose of this course is to familiarize you with the major theories and approaches to group therapy and counseling through reading, discussing, writing, and viewing videos. A second purpose is to help you apply your knowledge of group theories and dynamics through the use of self-exploration exercises, discussion, and role-plays.

PSYC403 Psychotherapy Theories I

This course surveys the theories and techniques of psychotherapy, including the psycho-analytic, behavioral, cognitive, and humanistic-existential approaches. Case studies, role plays, and in-class exercises will illustrate the principles of therapeutic change. The exercises often are experiential in that they encourage students to apply to their own lives the various concepts discussed in class.

PSYC405 Psychopathology I

The course provides an overview of the nature and history of abnormal behaviour and then examines the predominant models underlying our understanding of abnormality. Detailed descriptions and empirical research relating to a range of clinical problems form the core of the course. Topics include schizophrenia, mood disorders, anxiety disorders, personality, somatoform and dissociative disorders, and disorders of childhood.

PSEL04 TECHNICAL ELECTIVE IV

PSEL TECHNICAL ELECTIVE V

8th Semester

PSYC402 Group Psychotherapies II

This course is a follow up of Group Psychotherapies I. In this course group-analytical process, psychodrama, art therapy will be covered with class works.

PSYC404 Psychotherapy Theories II

This course is a follow up of Psychotherapy Theories I. Psychotherapy techniques and processes historical development will be covered. Also psychoanalytic, analytic, humanistic, existential and gestalt approaches will be covered.

PSYC406 Psychopathology II

This course is a follow up of Psychopathologies I. Personality disorders, sexual dysfunctions and disorders, sleep disorders, somatoform disorders will be covered.

PSYC408 Graduation Project

The general aim of courses offered in Final Year Psychology is to provide students with an opportunity to acquire specialist knowledge and high level academic skills in a research-rich environment across a range of areas within psychology. The aim of the research project and thesis is to give students experience of the challenges and practicalities of undertaking a significant piece of research; to give them the opportunity to apply, combine and extend the research skills learned in earlier years; and to provide practice in the written presentation of research material, particularly relevant for those intending to continue in psychology.

PSYC410 Ethics in Psychology

This course provides general and specific guidance for ethical conduct in the science and practice of psychology. Using case examples and bioethics readings from other disciplines, the course covers the clinical practice of psychology, research, teaching, supervision of trainees, development of assessment instruments, conducting assessments, school psychology, educational counseling, organizational consulting, forensic activities, social intervention, administration, and other activities.

UFRC04 UNIVERSITY ELECTIVE IV

ELECTIVE COURSES

PSYC352 Special Issues in Psychology

The aim of the Current Issues in Psychology Course is to provide knowledge which aims to help to build a background in a wide range of topics and ideas covering the entire range of psychology. Therefore topics and course material will include knowledge from clinical psychology to forensic psychology and everything in between. The topics may vary from one semester to the next, but will typically include current issues in psychology field for example current approaches to psychotherapy with topics range from techniques of cognitive approach to EMDR techniques and everything in between.

PSYC320 Eating Disorder and Psychotherapies

The aim of this course is gaining knowledge about major eating disorders like anorexia nervosa, bulimia nervosa and binge eating disorders and also gaining knowledge about obesity (despite the fact that simple obesity was not as one of the eating disorders which take place at DSM 5), through related concepts, diagnostic criteria, and differential criteria. Beside related symptoms, various theories of etiology and various psychtherapeutical approaches will be learned and will be able to handled by a critical approach. Also, because of dynamic structure of the field habits to frequent literature usage and admiration for it will be gained.

PSYC429 Forensic Psychology

In this course, students will develop an in-depth understanding of the roles and responsibilities of mental health professionals within the justice system. limits of privilege and confidentiality. Students will also survey major topics in regard to experimental forensic psychology, especially in law.

PSYC313 Projective Techniques

This course aims to give an introductory level of information about projective techniques in clinical psychology including Rorschach Test and TAT. In this course projection described in detail. Development of projective techniques and basic assumptions were evaluated.